

HORSEMANSHIP

Schedule

Women's Immersion Camp



Come to the ranch and immerse yourself in the horsemanship experience. This camp is not only about building confidence as a leader and

partner, but it is also designed to aide the horse and rider in developing trust. Participants will have the opportunity to take on new challenges as a group and individually, and to then practice skills learned in a variety of settings. You AND your horse will develop new abilities. You will grow closer to your horse and quite possibly experience a new level of self-awareness during this camp.



What You Will Need To Bring

- Current coggins
- Your horse, or lease a horse for \$100. (Bring a shod horse or horse boots)
- Rope halter with 12-foot lead, preferable a 22 foot also, if you have one.
- Saddle, pad and headstall
- Feed and hay
- Your own grooming equipment and supplies.
- Hat, sunglasses, sunscreen, and raingear.
- An open mind & learning attitude.
- Plenty of energy.

To register for this camp
email: ranch_office@sbcglobal.net
Or call: 479-200-0164



MARK YOUR CALENDAR

◀ Women's Extreme Horsemanship Skills Assessment
November 2, 2008
\$25.00 per horse/rider, challenge course, fun competitions, awards, bonfire, potluck sides. Campfire cookin' and drinks provided. Must have attended one of the Women's Immersion Camps in 2008.

Day 1

- 8:00-9:00.....Arrival at the Ranch
- 9:00-10:00.....Registration – Check in
- 10:00-12:00..... Outdoor arena (Control and position assessment) Videoed
- 12:00-1:30..... Lunch/ Free Time
- 1:30- 3:30..... Round Pen (Learning importance of "Drive" and "Draw")
- 3:30-5:00..... Round Pen, Learn to use "Drive" to get your horse "Hooked-on"
- 5:00 Tend to the horses and unwind for the evening

Day 2

- 7:00-8:00..... Feed (horses & people!)
- 8:00-8:30..... Review Discussion
- 8:30-9:30..... Round Pen (Saddling: fit, placement, and technique)
- 9:30-12:00..... Round Pen (independent seat)
- 12:00-1:30.....Lunch and Free Time
- 1:30-2:00..... Outdoor arena (Emergency stop)
- 2:00-3:30.....Trail ride on the ranch (Is your horse with you?)
- 3:30-5:00.....Obtaining the correct lead
- 5:00..... Tend to the horses and unwind for the evening

Day 3

- 7:00-8:00.....Feed (horses & people)
- 8:00-8:30..... Review Discussion
- 8:30-10:00..... Covered Arena ("Sending" horse over an obstacle)
- 10:00-12:00.....Covered Arena (Trailer loading)
- 12:00-1:30.....Lunch/Free Time
- 1:30-3:00.....Trail Ride (Confidence Building)
- 3:00-5:00.....Outdoor arena (Intro to cow working)
- 5:00..... Tend to the horses and unwind for the evening

Day 4

- 7:00- 8:00.....Check out of cabin, feed
- 8:00-8:30..... Discussion
- 8:30-10:00..... Trail obstacle course
- 10:00-11:30..... Outdoor arena (Control and position assessment) Videoed
- 11:30-12:30..... Lunch and move horses to Devil's Den State Park for Trail Ride
- 12:30-3:30..... Trail ride through Devil's Den State park
- 3:30-5:00..... Final reflections, Achievement certificates, and goodbyes

Spring Camp

May 29 - June 1

Fall Camps

October 2 – 5

October 30 - November 2

Accommodations are available in a modern, comfortable cabin at Devil's Den 7 miles from the ranch. A cabin has been reserved which sleeps 12, lodging fees will be divided between participants who will share dorm style lodging.

Ranch Facilities include a covered arena, outdoor arena, round pen, open pasture, riding trail, wash bay, and covered stalls are available at the ranch.

Cost of 4 day camp is \$500 and includes stall for 1 horse, 8 hours of instruction daily, structured competition, video taping and optional cattle work. All meals are included. Come and enjoy cowboy cookin' and campfire discussions. You and your horse will go home renewed and empowered!

“As we strive to become more trustworthy we will find it easier to trust.”